

A full-page photograph of three women performing a handstand in a park. The woman on top is in a handstand position, holding a large orange cushion above her head with her right hand. She is wearing a grey short-sleeved shirt and black leggings. The two women at the base are supporting her; one is wearing a teal tank top and the other a grey tank top. They are both wearing dark pants. The background features a grassy field, a graffiti-covered fence, a tall building, and a bridge structure under a cloudy sky.

# Weight (less)





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Weight(less) by Mimbire, photo by Rachel Hardwick at [www.rachelhardwick.co.uk](http://www.rachelhardwick.co.uk)

Experience the uplifting journey of Weight(less), where the resilience of three women shines through amidst life's challenges. With a blend of acrobatics, movement and humour, this heart-warming performance dismantles big problems into moments of laughter, celebrating hope and support to leave you with a smile, unforgettable imagery and a spring in your step.

While Weight(less) doesn't offer solutions, the three acrobats provide reflections on the world we live in and the emotions we experience, inviting audiences of all ages and backgrounds to laugh, cry, and dream together. Join us for this joyful escape from the chaos of everyday life, celebrating the courage it takes to keep on going when times are tough.

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**TOURING IN 2024**

**SUPPORTED BY**

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# About Mimbre

Mimbre is a female-led company creating delicate, breathtaking and highly-skilled acrobatic theatre in outdoor and unusual settings. For over 25 years, Mimbre has captivated worldwide audiences, using innovative circus and movement as a physical language to illuminate human connections.

“

“Women stood on other women’s shoulders. They strode along the walkways, held high and visible from every angle, breaking gender barriers and breaking hearts with the symbolism of so much female support: She ain’t heavy—she’s my sister. . . .”

[Vogue on Dior Dream Parade]

## AUDIENCE FEEDBACK FROM PREVIOUS SHOWS

“

Immensely powerful!!! So moving, energetic, playful with such depth. Best thing I’ve seen in a long time.

One of the most beautiful performance I have ever seen.

”

“

So much texture and beauty.

Phenomenal demonstration of gentleness & the power of the human body.

”

“

Absolutely spell binding! I was SO moved. I laughed and I also found it profoundly sad too. Beautiful acting, dance, humour, and acrobatics.

Wonderful, breathtaking, fascinating.

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# Cast & Creatives

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**DIRECTED BY**

- Lina Johansson

**DRAMATURGY BY**

- Claire Ducreux

**COMPOSED BY**

- Odinn Orn Hilmarsson

**PRODUCTION DESIGN BY**

- Loren Elstein

**DEvised & PERFORMED BY**

- Silvia Fratelli
- Anesta Mathurin
- Martha Harrison

**GUEST CHOREOGRAPHY BY**

- Gabbie Cook

**DRAMATURGY SUPPORT BY**

- Alison Halstead

**ADDITIONAL RESEARCH BY**

- Helga Ehrenbusch

**PRODUCED BY**

- Lissy Lovett

**MARKETED BY**

- Brilla Sesay



# Contact

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