

Weight (less)





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Weight(less) by Mimbire, photo by Rachel Hardwick at www.rachelhardwick.co.uk

Experience the uplifting journey of Weight(less), where the resilience of three women shines through amidst life's challenges. With a blend of acrobatics, movement and humour, this heart-warming performance dismantles big problems into moments of laughter, celebrating hope and support to leave you with a smile, unforgettable imagery and a spring in your step.

While Weight(less) doesn't offer solutions, the three acrobats provide reflections on the world we live in and the emotions we experience, inviting audiences of all ages and backgrounds to laugh, cry, and dream together. Join us for this joyful escape from the chaos of everyday life, celebrating the courage it takes to keep on going when times are tough.

TOURING IN 2026

SUPPORTED BY

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Supported using public funding by
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About Mimbre

Mimbre is a female-led company creating delicate, breathtaking and highly-skilled acrobatic theatre in outdoor and unusual settings. For over 25 years, Mimbre has captivated worldwide audiences, using innovative circus and movement as a physical language to illuminate human connections.

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“Women stood on other women’s shoulders. They strode along the walkways, held high and visible from every angle, breaking gender barriers and breaking hearts with the symbolism of so much female support: She ain’t heavy—she’s my sister. . . .”

[Vogue on Dior Dream Parade]

AUDIENCE FEEDBACK FOR WEIGHT(LESS)

“

I wasn’t expecting to have it engage with my own emotions to the extent it did and I felt quite reflective after

The best thing I saw all festival.
Really amazing

”

“

I don’t know if you’ll understand this, but it has kind of changed my life

Lovely message behind the show.
Really enjoyed watching

”

“

You are beautiful + powerful. Thank you! You touched me!

So powerful always to see the combined strength of women. It was playful, joyful, scary, courageous

”

Cast & Creatives

DIRECTED BY

- Lina Johansson

DRAMATURGY BY

- Claire Ducreux

COMPOSED BY

- Odinn Orn Hilmarsson

PRODUCTION DESIGN BY

- Loren Elstein

PERFORMED BY

- Silvia Fratelli, Julia Chan, Rebecca Solomon

ORIGINALLY DEvised BY

- Silvia Fratelli, Anesta Mathurin, Martha Harrison

GUEST CHOREOGRAPHY BY

- Gabbie Cook

DRAMATURGY SUPPORT BY

- Alison Halstead

ADDITIONAL RESEARCH BY

- Helga Ehrenbusch

PRODUCED BY

- Lissy Lovett



Contact

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www.vimeo.com/mimbre

